

Sara B. Félix

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Ciência Vitae: EC19-D6EE-7009

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h-index: 6 (Scopus, Mar 2026)

EDUCATION

- 2019 - 2025 **PhD in Psychology (European Doctorate with Merit and Distinction)**
University of Aveiro, Portugal
 - Funding: FCT mixed fellowships (SFRH/BD/145097/2019, COVID/BD/153450/2024) between the University of Aveiro, Portugal & City, University of London, UK
 - Supervisor: Josefa N. S. Pandeirada, PhD (University of Aveiro, Portugal)
 - Co-supervisors: James S. Nairne, PhD (Purdue University, USA) & Marie Poirier, PhD (City, University of London, UK)
- 2016 - 2018 **Master's Degree in Health Psychology and Neuropsychological Rehabilitation**
University of Aveiro, Portugal (final grade: 19 / 20)
2016 - 2017: Erasmus Exchange program – Autonomous University of Madrid, Spain
- 2013 - 2016 **Undergraduate Degree in Psychology**
University of Aveiro, Portugal (final grade: 18 / 20)

AWARDS

- 2022 **J. Frank Yates Student Conference Award – Psychonomic Society, USA¹**
 - International recognition of the merit of my PhD work, and for being a Portuguese woman in the Cognitive Sciences. Only 12 awards were granted worldwide
- Travel grant – European Society for Cognitive Psychology²**
 - Creation of a network plan with Claire Lancaster, PhD, Katharina Schnitzspahn, PhD and Matthias Kliegel, PhD, during the 22nd ESCoP conference (Lille, France). Only 5 grants were awarded
- 2020 **IMFAHE Nodal Award – Shark Tank 2020 (finalist project)**
 - Creation of “MyBStory”, a personalized cognitive stimulation app for older adults with mild dementia
- 2017 **“Matrícula de Honor” – Erasmus at Autonomous University of Madrid, Spain**
 - Distinction attributed to the top 2% of students (Subjects: Health Psychology & Clinical Neuropsychology)

SCIENTIFIC PRODUCTION

Figure 1. Summary of papers' impact since the beginning of my career (2019-2026; solid blue bars) and in the last 5 years (2021-2026; dashed yellow bars). *Note: PhD competed last year*

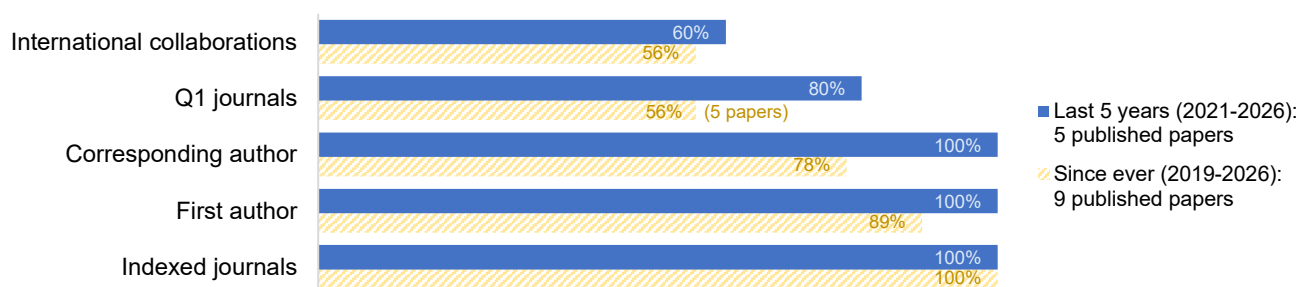


Figure 2. Current impact of my scientific papers (Source: ResearchGate, 27th Feb 2026)

My Research Interest Score is **higher** than **85%** of ResearchGate who also first published in 2019, and **higher** than **68%** of all ResearchGate members within **Cognitive Psychology**.
Note. Research Interest Score combines citations (excluding self-citations), ResearchGate's reads and recommendations.

¹ <https://www.ua.pt/en/noticias/16/77761> or <https://www.psychonomic.org/page/2022YatesRecipients>;

² <https://www.ua.pt/en/news/5/75737> or ESCoP Newsletter: <https://mango.thinline.be/t/r-3609CD1A8561BBE02540EF23F30FEDED>

SCIENTIFIC PRODUCTION (CONTINUATION)

SCIENTIFIC PAPERS (LISTED BY PUBLICATION YEAR)

(Journal characterization retrieved from Scopus on Feb/2026, except otherwise mentioned)

1. Félix, S. B., Poirier, M., & Pandeirada, J. N. S. (2026). *Animacy advantage: Enhancing recall and prospective memory in older adults*. [Manuscript submitted for publication], Department of Education and Psychology, University of Aveiro.
2. Félix, S. B., Poirier, M., & Pandeirada, J. N. S. (2025). Exploring the animacy effect in focal prospective memory tasks: When animates don't stand out. *Journal of Memory and Language*, 144, 104673. <https://doi.org/10.1016/j.jml.2025.104673>
(Q1; Rank: #19/169) 89th Percentile Experimental and Cognitive Psychology journals
3. Félix, S. B., & Pandeirada, J. N. S. (2024). The animacy (bias) effect in recognition: Testing the influence of intentionality of learning and retrieval quality. *Memory*, 32, 889-900. <https://doi.org/10.1080/09658211.2024.2362755>
(Q1; Rank #95/630) 85th Percentile Arts and Humanities journals
4. Félix, S. B., Poirier, M., Nairne, J. S., & Pandeirada, J. N. S. (2024). The breadth of animacy in memory: New evidence from prospective memory. *Psychonomic Bulletin and Review*, 31, 1323-1334. <https://doi.org/10.3758/s13423-023-02406-y>
(Q1; Rank: #13/169) 95th Percentile Experimental and Cognitive Psychology journals
5. Félix, S. B., Poirier, M., & Pandeirada, J. N. S. (2023). Is "earth" an animate thing? Cross-linguistic and inter-age analyses of animacy word ratings in European Portuguese and British English young and older adults. *PlosOne*, 18, e0289755. <https://doi.org/10.1371/journal.pone.0289755>
(Q1; Rank #28/200) 86th Percentile Multidisciplinary journals
6. Félix, S. B., & Pandeirada, J. N. S. (2021). Norming studies of lexicosemantic and affective characteristics of European Portuguese words: A literature review. *Análise Psicológica*, 39, 107-131. <https://doi.org/10.14417/ap.1823>
(Q4; Rank: #195/218) 10th Percentile General Psychology journals
7. Félix, S. B., Pandeirada, J. N. S., & Nairne, J. S. (2020). Animacy norms for 224 European Portuguese concrete words. *Análise Psicológica*, 38(2), 257-269. <https://doi.org/10.14417/ap.1690>
(Q4; Rank: #195/218) 10th Percentile General Psychology journals
8. Félix, S. B., Ribeiro, O., & Maia, H. (2020). Personalized cognitive stimulation through personhood: A case report on dementia diagnosis acceptance and therapeutic engagement. *Clinical Gerontologist*, 43, 233-239. <https://doi.org/10.1080/07317115.2019.1648349>
(Q1; Rank #38/313) 88th Percentile Social and Clinical Psychology journals
9. Félix, S. B., Pandeirada, J. N. S., & Nairne, J. S. (2019). Adaptive memory: Longevity and learning intentionality of the animacy effect. *Journal of Cognitive Psychology*, 31, 251-260. <https://doi.org/10.1080/20445911.2019.1586716>
(Q2) Experimental and Cognitive Psychology journals in 2019, according to SCImago
10. Martins, A. I., Araujo, I., Sousa, A., Ruano, C., Pais, J., Félix, S. B., ... & Rocha, N. P. (2019). Monitorização cognitiva longitudinal numa comunidade: Estudo de implementação em contexto real. *Revista Ibérica de Sistemas e Tecnologias de Informação*, E17, 499-512.
(Q4; Rank #197/221) 11th Percentile General Computer Science journals

CONFERENCE PRESENTATIONS

POSTERS

(* Undergraduate students co-supervised at the Psychology Initiation Research Program, University of Aveiro)

1. Saraiva, M., Félix, S. B., & Garrido, M. V. (Accepted; 2026, May 28-30). *The illusion of falseness: Effects of language switching on truth judgments of contradictions* [Poster]. APS Annual Conference, Barcelona, Spain.
2. Félix, S. B., * Dutra, G., * Machado, M., & Pandeirada, J. N. S. (Accepted; 2026, May 28-30). *Distinctiveness does not explain the animacy effect in memory* [Poster]. APS Annual Conference, Barcelona, Spain.
3. Félix, S. B., & Pandeirada, J. N. S. (Submitted; 2026, March 27-28). *Are animates more distinctive than inanimate objects? Evidence from a perceptual-distinctive manipulation* [Poster]. 20th National APPE Meeting, Braga, Portugal.
4. * Bento, E., Félix, S. B., & Pandeirada, J. N. S. (Submitted; 2026, March 27-28). *Does attention drive the animacy effect in free recall? Evidence from pure and mixed lists* [Poster]. 20th National APPE Meeting, Braga, Portugal.
5. Garrido, M. V., Souza, C., Félix, S. B., Silva, R. R., Horchak, O., & Saraiva, M. (2025, July 9-11). *Verdade à segunda vista: Normas de frases triviais e efeito da semelhança nos julgamentos de veracidade e confiança* [Truth at second Glance: Norms of Trivial Sentences and the Effect of Similarity on Judgments of Veracity and Confidence]. [Poster]. Ciência 2025, Carcavelos, Portugal.
6. Saraiva, M., Félix, S. B., & Garrido, M. V. (2025, July 9-11). *Judging truth together: Confidence and memory capacity in social misinformation dynamics*. [Poster]. Ciência 2025, Carcavelos, Portugal.
7. Garrido, M. V., Félix, S. B., & Saraiva, M. (2025, July 9-11). *Sounds (un)familiar? How repetitions and contradictions shape online sharing intentions*. [Poster]. Ciência 2025, Carcavelos, Portugal.
8. Félix, S. B., & Pandeirada, J. N. S. (2025, April 11-12). *Examining the animacy effect in prospective memory: A tentative comparison of focal and non-focal tasks* [Poster]. 19th National APPE Meeting, Porto, Portugal.
9. Souza, C., Saraiva, M., Félix, S. B., Horchak, O., Silva, R. R., & Garrido, M. V. (2025, April 11-12). *"I know it's true!": The effect of familiarity in different input modalities of repetition-based corrections of false statements* [Poster]. 19th National APPE Meeting, Porto, Portugal.
10. Félix, S. B., Nairne, J. S., & Pandeirada, J. N. S. (2024, November 21-24). *Ageless memory: The animacy effect in older adults in retrospective and prospective memory tasks* [Poster]. 65th Annual Meeting of the Psychonomic Society, NY, USA.
11. * Dutra, G., * Ramos, S. A., Félix, S. B., & Pandeirada, J. N. S. (2024, April 19-20). *Am I an animate, or an inanimate? The animacy effect in memory, using ambiguous words* [Poster]. 18th National APPE Meeting, Coimbra, Portugal. [GD and SAR share first authorship]
12. Félix, S. B., & Pandeirada, J. N. S. (2024, April 19-20). *Decoding the animacy effect in recognition memory: The influence of different encoding tasks* [Poster]. 18th National APPE Meeting, Coimbra, Portugal.
13. Pandeirada, J. N. S. *, Félix, S. B. *, & Poirier, M. (2023, September 06-09). *"How animate is 'liver'?: Differences and commonalities on animacy ratings among Portuguese, American and British participants*. [Poster]. 23rd ESCoP conference, Porto, Portugal. [*JNSP & SBF share first authorship]
14. Félix, S. B., Poirier, M., & Pandeirada, J. N. S. (2022, November 17-20). *Animates help you remember what to do! Evidence from a nonfocal prospective memory task* [Poster]. 63rd Annual Meeting of the Psychonomic Society, Boston, USA. Available at: <https://www.psychonomic.org/page/2022AnnualMeeting>
15. Félix, S. B., & Pandeirada, J. N. S. (2022, August 29-September 1). *The attentional mechanisms underlying the animacy effect: Evidence from a focal prospective memory task* [Poster]. 22nd ESCoP, Lille, France. Available at: https://www.researchgate.net/publication/362479098_The_attentional_mechanisms_underlying_the_animacy_effect_Evidence_from_a_focal_prospective_memory_task

CONFERENCE PRESENTATIONS | POSTERS (CONTINUATION)

16. Félix, S. B., & Pandeirada, J. N. S. (2021, November 4-7). *Adaptive memory: Animates help to improve prospective memory* [Poster]. 62nd Annual Meeting of the Psychonomic Society, New Orleans, LA (Online), USA. Available at: <https://www.psychonomic.org/page/2021program>
17. Félix, S. B., Botsas, A., Poirier, M., & Pandeirada, J. N. S. (2021, July 23-24). *How do older adults see animacy in words? A norming study with a British sample* [Poster]. Virtual SARMAC 2021, Nagoya (online), Japan. Available at: <https://www.researchgate.net/publication/353380397>
[How do older adults see animacy in words A norming study with a British sample](#)
18. Félix, S. B., & Pandeirada, J. N. S. (2021, May 26-27). *Do animates help to implement future intentions? The effect of animacy in prospective memory* [Poster]. 2021 APS Virtual Convention. Available at: https://www.psychologicalscience.org/redesign/wp-content/uploads/2021/05/APS_2021_Virtual_Convention_interactive.pdf
19. Félix, S. B., & Pandeirada, J. N. S. (2021, April 9-10). *How do elderlies see animacy in words? A norming study with a Portuguese sample* [Poster]. 15th National APPE Meeting, Lisbon (online), Portugal.
20. Félix, S. B., Correia, L., Monteiro, S. S., Pinheiro, S. Melhorado, M., & Pandeirada, J. N. S. (2021, April 9-10). *Free association norms for differently-valenced emotion, concrete and abstract Portuguese words* [Poster]. 15th National APPE Meeting, Lisbon (online), Portugal.
21. Félix, S. B., Ribeiro, O., & Maia, H. (2018, November 22-23). *Personalized cognitive stimulation: A case report on diagnosis acceptance and therapeutic engagement* [Poster]. Uma Visão Holística sobre as Demências, Lisbon, Portugal.
22. Félix, S. B., & Pandeirada, J. N. S. (2018, October 18-19). *Is the mnemonic animacy effect preserved in people with dementia?* [Poster]. VIII Fórum Boas Práticas em Psiquiatria e Saúde Mental, Coimbra, Portugal.

ORAL PRESENTATIONS

(* Undergraduate students co-supervised at the Psychology Initiation Research Program, University of Aveiro)

23. Saraiva, M., Félix, S. B., & Garrido, M. V. (Submitted; 2026, March 27-28). *Julgar contradições em L1 e L2: Evidência para a ilusão de falsidade* [Oral communication]. 20th National APPE Meeting, Braga, Portugal.
24. Garrido, M. V., Félix, S. B., Silva, R., & Saraiva, M. (2025, October 17). *Contradicting misinformation: The role of perceived truth in sharing corrections* [Oral communication]. Society of Experimental Social Psychology – 2025 Annual Meeting, Research Spotlight Session, Lisboa, Portugal.
25. Saraiva, M., Félix, S. B., & Garrido, M. V. (2025, October 17). *From influence to acceptance: How others' confidence and memory capacity shape misinformation endorsement* [Oral communication]. Society of Experimental Social Psychology – 2025 Annual Meeting, Research Spotlight Session, Lisboa, Portugal.
26. Félix, S. B., & Pandeirada, J. N. S. (2025, September 04). *Ageless memory? The animacy effect in prospective memory in older adults.* [Oral presentation]. 24th ESCoP conference, Sheffield, UK.
27. * Dutra, G., * Machado, M., Félix, S. B., & Pandeirada, J. N. S. (2025, July 16-18). *Reading or finding the right word: Exploring generation in the animacy effect* [Oral communication]. Research Summit 2025, Aveiro, Portugal.
28. Félix, S. B., Saraiva, M., Pandeirada, J. N. S., & Garrido, M. V. (2025, May 28-30). *Memória e contaminação: O papel da suscetibilidade a diferentes tipos de contágio* [Memory and contamination: The role of susceptibility to different types of contagion] [Oral communication]. XII SNIP, Porto, Portugal.
29. Garrido, M. V., Félix, S. B., & Saraiva, M., & (2025, May 28-30). *Influência social na aceitação da desinformação: O papel da confiança e da capacidade mnésica dos outros* [Social influence in the acceptance of misinformation: The role of other's confidence and memory capacity] [Oral communication in symposium]. XII SNIP, Porto, Portugal.
30. Souza, C., Félix, S. B., Saraiva, M., Silva, R. R., Horchak, O., & Garrido, M. V. (2025, May 28-30). *Entre o erro e a verdade: Normalização de frases triviais e suas correções com base na semelhança* [Between error and truth: Norms for trivial sentences and their corrections based on similarity] [Oral communication]. XII SNIP, Porto, Portugal.

31. Garrido, M. V., Félix, S. B., Silva, R. R., & Saraiva, M. (2025, April 11-12). *Correcting misinformation: The role of perceived truth in sharing contradictions* [Oral communication]. 19th National APPE Meeting, Porto, Portugal.
32. Saraiva, M., Félix, S. B., & Garrido, M. V. (2025, April 11-12). *How suggestive are we in a second language?* [Oral communication]. 19th National APPE Meeting, Porto, Portugal.
33. Félix, S. B., Poirier, M., & Nairne, J. S., & Pandeirada, J. N. S. (2024, July 16-19). *The animacy effect in older adults: Evidence from the memory for the past and for the future* [Oral communication]. Research Summit 2024, Aveiro, Portugal.
34. Félix, S. B., Poirier, M., Nairne, J. S., & Pandeirada, J. N. S. (2023, September 06-09). *(Dis)Entangling the animacy effect in prospective memory* [Oral communication; Invited symposium]. 23rd ESCoP conference, Porto, Portugal.
35. Ferré, P., Comesaña, M., Félix, S. B., & Pandeirada, J. N. S. (2023, September 07). *Do animacy and emotions go hand-by-hand on word processing?* [Oral communication; Invited symposium]. 23rd ESCoP conference, Porto, Portugal.
36. Félix, S. B., Poirier, M., & Nairne, J. S., & Pandeirada, J. N. S. (2023, July 12-14). *Further examinations of the animacy effects: Age-specific word-ratings and memory performance in older adults*. [Oral communication]. Research Summit 2023, Aveiro, Portugal.
37. * Dutra, G., * Ramos, S. A., Félix, S. B., & Pandeirada, J. N. S. (2023, July 12-14). *A double-sided coin: Exploring the animacy effect with ambiguous words*. [Oral communication]. Research Summit 2023, Aveiro, Portugal. [+ GD and SAR share first authorship]
38. Félix, S. B., Poirier, M., & Pandeirada, J. N. S. (2023, March 31). *Inter-age and cross-language comparison of animacy word-ratings: Data from Portuguese and British young and older adults* [Oral communication]. 17th National APPE Meeting, Lisbon, Portugal.
39. Félix, S. B., Pandeirada, J. N. S., Poirier, M., & Nairne, J. S. (2022, July 13-15). *Open Science: Developing and sharing word-related research tools*. [Oral communication]. Research Summit 2022, Aveiro, Portugal. <http://doi.org/10.48528/6dz9-d129>; Also available at: <https://www.ua.pt/pt/researchsummit-2022/programa>
40. Félix, S. B., & Pandeirada, J. N. S. (2022, May 5-7). *The animacy effect in prospective memory: Evidence and contribution to the discussion of the proximate mechanisms* [Oral communication]. 13th International APPE-SEPEX Meeting, Faro, Portugal. Available at: <https://appesepexmeeting.appe.pt/abstracts/>
41. Félix, S. B. (2021, July 7-9). *The mnemonic effect for animates: Evidence from prospective memory* [Oral communication]. Online Research Summit 2021, Aveiro, Portugal.
42. Félix, S. B. (2020, June 24-26). *Animacy effect: Occurrence in old ages, influence in prospective memory and potential applications* [Oral communication]. Online Research Summit 2020, Aveiro, Portugal.

PUBLISHED ABSTRACTS

(* Undergraduate students co-supervised at the Psychology Initiation Research Program, University of Aveiro)

43. * Dutra, G., * Machado, M., Félix, S. B., & Pandeirada, J. N. S. (2025). *Reading or finding the right word: Exploring generation in the animacy effect*. In A. M. S. Silva & A. G. Andrade-Campos (Eds.), *Research Summit 2025: Book of abstracts* (pp. 623). UA Editora. <https://doi.org/10.48528/6spv-r402>
44. Félix, S. B., Poirier, M., & Nairne, J. S., & Pandeirada, J. N. S. (2024). *The animacy effect in older adults: Evidence from the memory for the past and for the future*. In A. Silva & A. G. Andrade-Campos (Eds.), *Research Summit 2024: Book of abstracts* (pp. 582 - 583). UA Editora. <https://doi.org/10.48528/5rnm-k519>
45. Ferré, P., Comesaña, M., Félix, S. B., & Pandeirada, J. N. S. (2023). *Do animacy and emotions go hand-by-hand on word processing?* In A. S. Sousa et al. (Orgs). *23rd ESCoP conference: Abstract book* (pp. 114). Faculty of Psychology and Education Sciences, University of Porto. Available at: <https://escop2023.org/program/program-overview> [Invited symposium]

SCIENTIFIC PRODUCTION (CONTINUATION)

CONFERENCE PRESENTATIONS (CONTINUATION)

PUBLISHED ABSTRACTS (CONTINUATION)

(* Undergraduate students co-supervised at the Psychology Initiation Research Program, University of Aveiro)

46. * Dutra, G., * Ramos, S. A., Félix, S. B., & Pandeirada, J. N. S. (2023). A double-sided coin: Exploring the animacy effect with ambiguous words. In A. Silva & A. Teixeira (Coords.), *Research Summit 2023: Book of abstracts* (pp. 819). UA Editora. <https://doi.org/10.48528/6dz9-dxxx> [GD and SAR share first authorship]
47. Félix, S. B., Poirier, M., & Nairne, J. S., & Pandeirada, J. N. S. (2023). Further examinations of the animacy effect: Age-specific word-ratings and memory performance in older adults. In A. Silva & A. G. Andrade-Campos (Eds.), *Research Summit 2023: Book of abstracts* (pp. 763-764). UA Editora. <https://doi.org/10.48528/nd5m-mk87>
48. Félix, S. B., Poirier, M., & Pandeirada, J. N. S. (2023). Inter-age and cross-language comparison of animacy word-ratings: Data from Portuguese and British young and older adults. In S. Araújo, T. Fernandes, M. Pascual, A. Pinheiro, & A. Raposo (Orgs.), *17º Encontro Nacional APPE: Book of abstracts [17th National APPE Meeting: Book of abstracts]* (pp. 16). Faculdade de Psicologia, Universidade de Lisboa. Available at: <https://www.appe.pt/past/2023/programa.html>
49. Félix, S. B., Pandeirada, J. N. S., Poirier, M., & Nairne, J. S. (2022, July 14). Open science: Developing and sharing word-related research tools. In A. Silva, A. Teixeira, & G. Andrade-Campos (Eds.), *Research Summit 2022: Book of abstracts* (pp. 606). UA Editora. <https://doi.org/10.48528/6dz9-d129>
50. Félix, S. B., Pandeirada, J. N. S., Poirier, M., & Nairne, J. S. (2021). The mnemonic effect for animates: Evidence from prospective memory. In A. Silva & A. Teixeira (Coords.), *Research Summit 2021: Book of abstracts* (pp. 196). UA Editora. <https://doi.org/10.48528/qdpf-e229>
51. Félix, S. B., Pandeirada, J. N. S., Poirier, M., & Nairne, J. S. (2020). Animacy effect: Occurrence in old ages, influence in prospective memory and potential applications. In University of Aveiro (Ed.), *Research Summit 2020: Book of abstracts* (pp. 188). Available at: <https://www.ua.pt/file/61863>

INVITED LECTURES AND OTHER COMMUNICATIONS

1. Pandeirada, J. N. S., Santos, S. M. P., Félix, S. B., Freitas, J., & Fernandes, N. L. (2026, March 11). *Adaptive memory* [Lecture to the PhD Psychology Students]. University of Minho, Braga, Portugal.
2. Félix, S. B., & Pandeirada, J. N. S. (2025, July 08). *Adaptive memory in social contexts: Opportunities and challenges for exploring the animacy effect in collaborative memory* [Talk in workshop organized with Dr. Suparna Rajaram]. WJCR - University of Aveiro, Aveiro, Portugal.
3. Félix, S. B. (2024, December 6). *Adaptive memory* [Lecture to the PhD Psychology Students]. University of Aveiro, Aveiro, Portugal.
4. Félix, S. B. (2023, November 08). *Adaptive prospective memory* [Invited oral communication]. Dr. Ute Bayen's lab meeting, Dusseldorf, Germany (online).
5. Félix, S. B. (2023, March 30). *Adaptive memory* [Invited oral communication]. Open lectures "Ciclo de Conferências às Quintas", Universidade Autónoma, Lisbon, Portugal (online).
6. Félix, S. B. (2023, January 25). *The animacy effect in prospective memory* [Invited oral communication]. WJCR talks, Ispa-Instituto Universitário, Lisbon (online).
7. Félix, S. B. (2022, November 02). *The animacy effect in prospective memory* [Invited oral communication]. Dr. Matthias Kliegel's lab meeting, Geneva, Switzerland (online).
8. Félix, S. B. (2021, March 25). *The animacy effect in memory* [Lecture for Psychology undergraduate students]. University of Aveiro, Aveiro, Portugal.
9. Félix, S. B. (2018, November). *The animacy effect in people with dementia* [Lecture for interns and health professionals]. Hospital de Magalhães Lemos, E. P. E., Porto, Portugal.
10. Félix, S. B. (2018, May 28). *Cognitive stimulation in dementia* [Lecture for Psychology undergraduate students]. University of Aveiro, Aveiro, Portugal.
11. Félix, S. B. (2016, May 13). *Let's talk about happiness: Insights from Psychology and Neuroscience*. [Invited communication]. II Jornadas da Saúde e do Bem-estar, Red Cross, Lourinhã, Portugal.

ORGANIZATION OF SCIENTIFIC EVENTS

2025 **International Symposium 1 at ESCoP 2025 (Sheffield, UK), reuniting memory and language specialists from different countries**
(Sep.)

- Title: *Moving beyond standard memory and language: Insights from Evolutionary Psychology [Sym16]*
- Main chair: Jeanette Altarriba, PhD / Co-chairs: Josefa N. S. Pandeirada, PhD & [Sara B. Félix](#)
- Speakers: Raoul Bell, PhD (Univ. Dusseldorf), Sara B. Félix, PhD, Meike Kroneisen, PhD (Rheinland-Pfälzische Technische Universität, RPTU)

International Symposium 2 at ESCoP 2025 (Sheffield, UK), reuniting memory and language specialists from different countries

- Title: *Moving beyond standard memory and language: Insights from Evolutionary Psychology [Sym23]*
- Main chair: [Sara B. Félix](#) / Co-chair: Josefa N. S. Pandeirada, PhD
- Speakers: Sónia Santos & Josefa N. S. Pandeirada, PhD, Jênnyfer Freitas (Univ. Aveiro), Vanessa Pallentin (RPTU)

2024 **Founder and Coordinator of the “Journal and Research Psychology Club”**
(Jan.-Jul.)

- Extracurricular activity to introduce Psychology undergraduate students to critical appraisals of scientific literature and to their first independent cognitive research projects in a stimulating scientific environment. I secured formal recognition of their participation in their diplomas, an institutional first. This Club significantly improved students' motivation and critical thinking, reflected in higher academic performance, and was highly praised by the Institute's Director.

2023 **Organizing Committee – ESCoP 2023**

- (Sep.) - Volunteer at the organizing committee of the 23rd ESCoP, Porto, Portugal (<https://osf.io/yj2ns>).

International Symposium 1 at ESCoP 2023 (Porto, Portugal), reuniting memory and language specialists from different countries

- Title: *Defying the standards of cognition: What about evolution?* [Sym11]
- Main chair: Josefa N. S. Pandeirada, PhD / Co-chair: [Sara B. Félix](#)
- Speakers: James S. Nairne, PhD (Purdue Univ.), Meike Kroneisen, PhD (RPTU), Gesa Komar & Raoul Bell, PhD (U. Dusseldorf), Sara B. Félix, N. Lisandra Fernandes, PhD (U. Aveiro)

International Symposium 2 at ESCoP 2023 (Porto, Portugal), reuniting memory and language specialists from different countries

- Title: *Defying the standards of cognition: What about evolution?* [Sym35]
- Main chair: [Sara B. Félix](#) / Co-chair: Josefa N. S. Pandeirada, PhD
- Speakers: Pilar Ferré, PhD & Montserrat Comesaña, PhD (U. Rovira i Virgili; U. Minho), Patrik Bonin, PhD (U. Bourgogne), Edgar Erdfelder, PhD (U. Mannheim), Magda Saraiva, PhD (Ispa)

2022 **Organization of a workshop about PsychoPy, with Kim Dundas** (October 14 2022)

2022 **Co-Founder and Organizer of the WrittingLeague**

- Peer-support writing club

PROJECTS & FUNDING

SECURING (INTER)NATIONAL FUNDING FOR RESEARCH

- TBA **Call for Exploratory Research Projects 2026 – FCT, Portugal**
- Application as a PI of an international project examining the animacy advantage (better memory for animate/living items vs. inanimates/objects) in prospective memory in healthy older adults and individuals with mild cognitive impairment | Team: Josefa Pandeirada, PhD (Univ. Aveiro) & Matthias Kliegel, PhD (Univ. Genève) | Amount: €59,948.98 | Status: Results To-Be-Announced
- TBA **Call to Encourage Individual Scientific Employment (CEE/C, 8th ed.) – FCT, Portugal**
- Application for a 3-year self-contract as a Junior Researcher to identify memory and language markers of early mild cognitive impairment using Psychomeasure's speech analysis algorithm | Status: Results To-Be-Announced
- TBA **Bilateral Cooperation Portugal-Germany 2025 – FCT-DAAD Joint Call**
- Junior team member in a project aiming to explore the animacy effect in prospective memory with multiprocess tree modelling. PIs: Josefa N. S. Pandeirada, PhD (Univ. Aveiro) & Ute Bayen, PhD (Univ. Dusseldorf) | Amount: €2,500 | Status: Results To-Be-Announced
- 2025 **Call for Exploratory Research Projects 2024 – FCT, Portugal**
- Team member of a funded project ("Contradictory yet Fluent: Exploring the Boundaries of the Illusion of Falseness") about cognitive underpinnings of misinformation acceptance. Overall & Social Sciences panel success rates: 16% | PI: Magda Saraiva, PhD | Amount: €59.915,86 | Status: Ongoing (Started: Feb/2026) | <https://doi.org/10.54499/2024.13423.PEX>
- 2019 **Call for PhD Scholarships – FCT, Portugal**
- Successful application for a mixed PhD scholarship for studies at the University of Aveiro (Portugal) and City, University of London (UK). Overall success rate: 40%; Psychology panel success: 32% | Amount: €84,965.39 | Status: Concluded

PARTICIPATION IN OTHER FUNDED RESEARCH PROJECTS

- 2024 - 2025 **Contracted Researcher**
(Jul./25) WJCR, Ispa – Instituto Universitário, Portugal
- Project: "MISCOR – Fake news: Acceptance and correction of misinformation"
- Funding: La Caixa Foundation (Ref: LCF/PR/SR22/52570004)
- PI: Magda Saraiva, PhD
- Tasks: Social cognition; Literature review; Experimental design; Participants recruitment; Data collection (in-lab and online: Prolific, Clickworker); Collaboration in a study of memory for faces, using eyetracker and olfactometer; Programming (Qualtrics); Database management; Scientific writing; Statistical analysis (Excel, SPSS, JASP); Support to mentorship of students
- 2019 - 2025 **PhD Candidate**
WJCR, University of Aveiro, Portugal (& City, University of London, UK)
- Project: "The adaptive mnemonic animacy effect: Occurrence in old ages, influence in prospective memory and potential applications"
- Funding: Portuguese Foundation for Science and Technology (FCT mixed fellowship)
- Supervisors: Josefa N. S. Pandeirada, PhD; Marie Poirier, PhD; James S. Naime, PhD
- Tasks: Literature review; Study design in Adaptive memory, Cognitive and Experimental Psychology; Recruitment of participants; Data collection (in-person/online: Prolific, Testable, CloudResearch, mTurk); Programming (Qualtrics, LimeSurvey, E-Prime; some knowledge on JavaScript, HTML); Database management; Scientific writing (papers/book chapters in English); Poster/oral presentations; GDPR/Ethics training; Ethics applications; Writing successful funding proposals; Statistical analysis (Excel, SPSS, JASP, R); International networking; Teaching and supervising

PROJECTS & FUNDING (CONTINUATION)

PARTICIPATION IN OTHER FUNDED RESEARCH PROJECTS (CONTINUATION)

- 2019 **Research Assistant**
(May - Oct.) Department of Education and Psychology, University of Aveiro, Portugal
- "School textbooks reutilization: Impact on learning, environment and sustainable behaviours"
- Funding: Calouste Gulbenkian Foundation, co-promoted by *Book in Loop*
- PIs: Pedro Bem-Haja, PhD; Pedro Rodrigues, PhD
- Tasks: Data collection in schools (children & adolescents); Development of instruments for data collection; Databases management; Data analysis (SPSS); Writing of scientific reports
- 2018 **Research Assistant**
(Oct. - Dec.) Institute of Public Health, University of Porto & Institute of Oncology, Portugal
- Project Ref: BINT201808
- Supervisor: Nuno Lunet, PhD
- Tasks: (Neuro)Psychological screening of people with cancer; Interviews; Literature reviews; Data collection; Data analysis with STATA; Management of databases
- 2017 **Research Initiation Fellowship**
(Feb. - Jul.) CINTESIS.UA, University of Aveiro, Portugal
- Project: "The mnemonic consequences of fitness-relevant processing"
- Funding: FCTIF/00058/2012/CP0172/CT0002
- PI/Supervisor: Josefa N. S. Pandeirada, PhD
- Tasks: Literature review; Data collection; Data analysis with Excel and SPSS
- 2016 **Honorary Research Assistant**
(Oct. - Dec.) Psychophysiology Lab, Autonomous University of Madrid, Spain
- Supervisor: Jacobo Albert Bitaubé, PhD - Dept. of Psychobiology and Health Psychology
- Tasks: Research on eating disorders, using EEG, in clinical and non-clinical populations
- 2016 **Honorary Research Assistant**
(Jun. - Jul.) NeuroInova Lda
- Project: Brain on Track @ Águeda
- Supervisors: Vitor Tedim Cruz, Neurologist, PhD; Joana Pais, Neuropsychologist, PhD
- Tasks: Cognitive monitoring in epidemiologic contexts through the Brain on Track © software
- 2014 - 2016 **Honorary Research Assistant**
EvoCogLab & NeuroLab, University of Aveiro, Portugal
- Projects: Research on the behavioral immune system & on mating and attractiveness
- Tasks: Participant recruitment and data collection (also using EEG) in the scope of N. Lisandra Fernandes's and Mariana Carrito's PhD projects, and Pedro Rijo's master's thesis

NETWORKING / HONORARY PARTICIPATION IN OTHER RESEARCH PROJECTS

- 2022 - today **European Portuguese words rating project**
- Team: Montserrat Comesaña, PhD (University of Minho, Portugal), Pilar Ferré, PhD (Universitat Rovira i Virgili, Spain), Josefa N. S. Pandeirada, PhD (University of Aveiro, Portugal)
- 2021 - 2022 **The animacy effect in autobiographical memory**
- Team: Marie Poirier, PhD, Enaya Syed and Andronikos Botsas, MS (City, University of London, UK), Ali Mair, PhD (University of York, UK), Josefa N. S. Pandeirada, PhD (University of Aveiro, Portugal)
- 2021 - 2022 **The animacy effect in false memory**
- Team: Marie Poirier, PhD, and Andronikos Botsas, MS (City, University of London, UK)
- 2019 - 2021 **App for personalized cognitive stimulation for older people with dementia**
- Project: "MyBStory App", in collaboration with IMFAHE and IMFAHE-Venture Builder Program
- Team: Enrique Dominguez-Merino, PhD, and Stephan Charles Nielson (University of Málaga, Spain), Mar Llorens-Gámez, MA (Universitat Politècnica de València, Spain), Tomás Goucha, PhD (Max Plank Institute, Germany)

PEDAGOGICAL SKILLS

TEACHING EXPERIENCE

(* Subjects I coordinated)

2025 - today	Lecturer	
		Ispa – Instituto Universitário, Lisbon, Portugal
	Cognitive Processes I	Undergraduate degree Cognitive & Behavioral Sciences
	Research Methods I	Undergraduate degree Psychology
	Statistical Analysis II	Undergraduate degree Psychology
	Project/Internship	Undergraduate degree Cognitive & Behavioral Sciences
	Research Methods and Techniques II	Undergraduate degree Cognitive & Behavioral Sciences
2023 - 2024	Invited Assistant Professor	
		Piaget Institute, Almada, Portugal
	Neurosciences	Undergraduate degree Psychology
	* Differential Psychology	Undergraduate degree Psychology
	* Psychophysiology	Undergraduate degree Psychology
	* Psychophysiology	Undergraduate degree Physical Education and Sport

SUPERVISING EXPERIENCE

(+ Co-supervising **master's** thesis; **Main supervisor / *Co-supervisor of students in **scientific initiation programs**: “Development of Research Skills Program”, Ispa-Instituto Universitário, and “Psychology Initiation Research Program”, University of Aveiro [UA])

2026 - today	Inês Martins	Undergraduate Psychology degree student (Ispa)**
2025 - today	Ricardo Queirós	Master's thesis in Health Psychology and Neuropsychology (UA)+
	Eduardo Bento	Undergraduate Psychology degree student (UA)*
2024 - 2025	Luna Monsalve	Undergraduate Psychology degree student (Ispa)*
	Grazielle Dutra	Master's Psychology degree student (UA)*
	Matilde Machado	Undergraduate Psychology degree student (UA)*
2022 - 2023	Grazielle Dutra	Master's Psychology degree student (UA)*
	Sara Ramos	Undergraduate Psychology degree student (UA)*
2022		Informal support to the following honors students (undergraduates) at City, University of London (UK), while being a Visiting Scholar:
	Sue Erdinar	
	Patrycja Stolarzak	
	Shobiyhaa Suresh	
	Andronikos Botsas	
2021 - 2022	Bruna Pedrosa	Undergraduate Psychology degree student (UA)*

EXTENSION UNIVERSITY ACTIVITIES

PARTICIPATION IN JURIES & SCIENTIFIC COMMITTEES

2026 **Jury Full Member**³ (Call for a Master's Research Assistant)

- Project: "CONTRAVERSE: Contradictory but fluent: Exploring the limits of the illusion of falsehood"
- Funding: FCT (Ref: 2024.13423.PEX; CONTRAVERSE/07/CT/2026)
- PI: Magda Saraiva, PhD
- Institution: WJCR – Ispa

Jury Alternate Member⁴ (Call for an Undergraduate Research Assistant)

- Project: "*Mapeando o contágio: Explorando a memória espacial para fontes de (não-) contaminação*" ["Mapping contagion: Exploring spatial memory for sources of (non-) contamination"]
- Funding: FCT (Ref: 2024.14641.PEX)
- PI: Natália Lisandra Fernandes, PhD
- Institution: University of Aveiro

Jury Alternate Member⁵ (Call for an Undergraduate Research Assistant)

- Project: "Neural markers of reward dysregulation in alcoholism relapse prediction"
- Funding: FCT (Refs: RELAPSEPREDICT/04/BI/2026; 2024.13959.PEX)
- PI: Jorge Martins, PhD
- Institution: WJCR – Ispa

Jury Alternate Member⁶ (Call for a PhD student / Master's Research Assistant)

- Project: "Getting away from your addiction: On the role of attentional disengagement"
- Funding: FCT (Refs: ADDICTRESPONSE/02/BI/2026; 2023.17370.ICDT)
- PI: Jorge Martins, PhD
- Institution: WJCR – Ispa

2025 **Jury Alternate Member**⁷ (Call for a Master's Research Assistant)

- Project: "Becoming prosocial amidst social media – Neural markers of prosocial behaviour in early adulthood and the effects of social media consumption"
- Funding: BIAL Foundation (Refs: 260/24; BeProSocial/014/BI/2025)
- PI: Inês Mares, PhD
- Institution: WJCR – Ispa

Jury Alternate Member⁸ (Call for an Undergraduate Research Assistant)

- Project: "Becoming prosocial amidst social media – Neural markers of prosocial behaviour in early adulthood and the effects of social media consumption"
- Funding: BIAL Foundation (Refs: 260/24; BeProSocial/014/BI/2025)
- PI: Inês Mares, PhD
- Institution: WJCR – Ispa

2020 **Scientific Committee of the 2nd Seminar of Nursing and Family Health**

- Organization: ACeS Maia Valongo, 21st – 22nd Sep. (online)

³ <https://www.euraxess.pt/jobs/411721>

⁴ <https://www.ua.pt/pt/noticias/2/94578>

⁵ <https://euraxess.ec.europa.eu/jobs/405489>

⁶ <https://euraxess.ec.europa.eu/jobs/402143>

⁷ <https://euraxess.ec.europa.eu/jobs/393275>

⁸ <https://euraxess.ec.europa.eu/jobs/372513>

EXTENSION UNIVERSITY ACTIVITIES (CONTINUATION)

EXAMINER IN MASTER'S THESIS DEFENSES

2025 **Student: Carolina Figueira** (16th Dec 2025)

- Thesis title: "O impacto da inclusão e exclusão social nas motivações subjacentes ao consumo de álcool em estudantes universitários" [*"The impact of social inclusion and exclusion underlying alcohol consumption in university students"*]
- Master's degree in Clinical Psychology
- Main supervisor: Jorge Martins, PhD; Jury president: Filipe Loureiro, PhD
- Institution: Ispa, Instituto Universitário
- Final grade: 12 / 20

Student: Ana Leonor Santos Silva (21st Nov 2025)

- Thesis title: "Traços de autismo e comportamentos pró-sociais: O papel mediador da empatia" [*"Autism traces and pro-social behaviors: The mediator role of empathy"*]
- Master's degree in Clinical Psychology
- Main supervisor: Inês Mares, PhD; Jurypresident: Alexandra Coelho, PhD
- Institution: Ispa, Instituto Universitário
- Final grade: 18 / 20

AD-HOC PEER REVIEWER (VERIFIED ON CLARIVATE WEB OF SCIENCE)

See my reviewer profile at <https://www.webofscience.com/wos/author/record/AAS-9366-2020>

Quartiles retrieved from Scopus, Feb/2026; Impact Factors retrieved from the journals' websites, Feb/2026

- (Q1, IF: 3.9) Scientific Reports
- (Q1, IF: 3.0) Journal of Memory and Language
- (Q1, IF: 2.9) Frontiers in Psychology
- (Q1, IF: 2.6) Current Psychology
- (Q1, IF: 2.4) Clinical Gerontologist
- (Q1, IF: 2.1) Memory & Cognition
- (Q1, IF: 2.1) Journal of Experimental Psychology: Learning, Memory & Cognition
- (Q1, IF: 2.0) Memory
- (Q4, IF: 0.2) Análise Psicológica
- (Q4, IF: 0.2) Avances in Psicología Latinoamericana
- (Q4; IF: ----) Psicologia

SCIENTIFIC MEMBERSHIPS

- * EPS – Experimental Psychology Society
- ** APA – American Psychological Association (Member N^o: C2000136564)
- APP – Associação Portuguesa de Psicologia (Member N^o: 519)
- APPE – Associação Portuguesa de Psicologia Experimental (Member N^o: 221)
- APS – Association for Psychological Science (Member N^o: 411234)
- ESCoP – European Society for Cognitive Psychology (Member N^o: 2473)
- Psychonomic Society (Member N^o: 64984530)
- OPP – Portuguese Psychologists' Association (Member CP: 28945)
(the national regulatory body for the psychology profession)

* Following EPS regulation, my EPS membership is temporarily cancelled, until I get a permanent teaching position or postdoc contract

** Currently inactive membership (no membership dues paid)

PUBLIC OUTREACH SCIENTIFIC ACTIVITIES

1. UAveiro Research Newsletter #437 [2025/09/26]: Félix, S. B., Poirier, M., & Pandeirada, J. N. S. (2025). Exploring the animacy effect in focal prospective memory tasks: When animates don't stand out. *Journal of Memory and Language*, 144, 104673. <https://us12.campaign-archive.com/?u=a72f5d8d7db0c64d88a669839&id=f5053096b9>
2. Open Day Psychology Lab (01/07/2025) – Ispa-Instituto Universitário, Portugal. <https://www.ispa.pt/agenda/eventos/open-day-psicologia-3/>
3. News University of Aveiro (2024, December 11). *William James Center UA marca presença na 65th Annual Meeting da Psychonomic Society [William James Center UA Presents at the 65th Annual Meeting of the Psychonomic Society]*. <https://www.ua.pt/pt/noticias/0/89397>
4. Félix, S. B., Poirier, M., Nairne, J. S., & Pandeirada, J. N. S. (2024). The breadth of animacy in memory: New evidence from prospective memory. *Research@UA*, 14, 76. <https://proa.ua.pt/index.php/researchua/issue/view/1246>
5. UAveiro Research Newsletter #390 [2024/07/26]: Félix, S. B., & Pandeirada, J. N. S. (2024). The animacy (bias) effect in recognition: Testing the influence of intentionality of learning and retrieval quality. *Memory*, 32, 889-900. <https://mailchi.mp/b8208b5c36cc/uaveiro-research-newsletter-390?e=c99c2c57d7>
6. UAveiro Research Newsletter #348 [2023/09/22]: Félix, S. B., Poirier, M., & Pandeirada, J. N. S. (2023). Is “earth” an animate thing? Cross-linguistic and inter-age analyses of animacy word ratings in European Portuguese and British English young and older adults. *PlosOne*, 18, e0289755. <https://mailchi.mp/c878fefe6f27/uaveiro-research-newsletter-348?e=c99c2c57d7>
7. Xperimenta 2023 – University of Aveiro, Portugal – Sessions about Experimental and Cognitive Psychology, and the Mnemonic Loci Method for high school students. <https://www.ua.pt/pt/xperimenta>
8. SummerAcademy 2023 – University of Aveiro, Portugal – Sessions about Experimental and Cognitive Psychology, for high school students. <https://www.ua.pt/pt/academiadeverao>
9. Open Psy Labs (17/03/2023) – University of Aveiro, Portugal. Showcase the labs to prospective students from Figueira da Foz.
10. Soares, C. (2023, August 31). Lembretes: Os “amigos” das nossas decisões. *Visão*, 1591, 88-89. – Scientific support in the preparation of that article.
11. News University of Aveiro. (2022, June 23). *Prémio European Society for Cognitive Psychology atribuído a doutoranda da UA Sara Félix [European Society for Cognitive Psychology Award given to UA doctoral student Sara Félix]* <https://www.ua.pt/pt/noticias/5/75726> [PT] <https://www.ua.pt/en/noticias/5/75726> [EN]
12. News University of Aveiro. (2022, September 20). *Estudantes da UA premiadas pela Psychonomic Society (EUA) [UAveiro students awarded by the Psychonomic Society (USA)]* <https://www.ua.pt/pt/news/16/77801> [PT] <https://www.ua.pt/en/news/16/77801> [EN]
13. News University of Aveiro. (2021, July 21). *Estudantes da UA em concurso internacional precisam do seu voto! [UA students in international competition need your vote!]* <https://www.ua.pt/pt/noticias/11/69804> [PT] <https://www.ua.pt/en/noticias/11/69804> [EN]
14. Félix, S. B., Pandeirada, J. N. S., & Nairne, J. S. (2020). Adaptive memory: Longevity and learning intentionality of the animacy effect. *Research@UA*, 10, 72. Available at: <https://www.ua.pt/file/61865>
15. Félix, S. B. (2020, May 24-25). *MyBStory App* [Oral communication]. VI International Conference IMFAHE, Aveiro, Portugal. [IMFAHE Nodal Award - Shark Tank 2020 finalist projects presentation; Mind Q team: Félix, S. B., Dominguez, E., Charles, S., Llorens, M., & Goucha, T.]

CLINICAL EXPERIENCE

- 2023 - 2024 **Professional internship | Ordem dos Psicólogos Portugueses**
University of Aveiro & Centro Paroquial São Bernardo, Aveiro, Portugal
- Supervisor: Pedro Rodrigues, PhD
- Tasks: (Neuro)psychological screening of older adults; Cognitive stimulation groups; Research on aging
- 2017 - 2018 **Curricular internship**
Hospital de Magalhães Lemos E. P. E. – Psychogeriatric Service, Porto, Portugal
- Supervisors: Humbertina Maia, MS Clinical Psychologist; Oscar Ribeiro, PhD
- Tasks: (Neuro)psychological assessment; Development of personalized cognitive stimulation programs (individual and in group); Writing of scientific manuscripts; Poster presentation
- 2016 **Extracurricular internship**
(Jul./16) Centro Hospitalar Entre Douro e Vouga E. P. E. – Neuropsychology, Feira, Portugal
- Supervisor: Cátia Mateus, MS Neuropsychologist
- Tasks: Observation of neuropsychological assessment and rehabilitation sessions of adults and older adults

COMPLEMENTARY EDUCATION AND TRAINING (SELECTION)

- 2026 **Psychological Intervention in Alcohol-Related Problems**
(to be started) - OPP
- (ongoing) **Advanced Course in Neuropsychological Assessment Instruments**
- CRIAP; 13th Jan. - 30th Mar.
- 2025 **Open Science Workshops:**
- **Publication of research data in the institutional repository DUnAs**
 - **New FCT open access policy for scientific publications**
- Organizer: Research Data Management Office & Library, in collaboration with WJCR & Psychology Doctoral Program (Univ. Aveiro); 17th Dec.; Duration: 2h30
 - **Creating experiments using PsychoPy and Pavlovia**
- Organizer: Open Science Tools; 01st-02nd Sep.; University of Sheffield, UK
 - **Individual and collective Memory: Social influences and cognitive underpinnings**
- Organizer: WJCR-UA; Suparna Rajaram, PhD (Stony Brook University, USA); July 7-8th
 - **Microcredencial in Python Programming for Data Analysis**
- Organizer: University of Aveiro; 04th-27th Feb.; 1.5 ECTS (20h); Grade: 19/20
 - **Generalized Linear Models in R**
- Organizer: Psychology Doctoral Program & WJCR, UA; 17th Jan.; Duration: 7h
- 2024 **Aphasia: The importance of the communication partners**
- Organizer: CRIAP; 1h; 17th Jan.
- 2023 **Psychological Intervention with Older Adults**
- Organizer: OPP (Valorizar.me); 10h; 26th April; Grade: 100%
- 2022 **City GDPR Course (General Data Protection Regulation)**
- Organizer: City, University of London, UK; 12th Dec.
- Teaching: Developing a teaching persona**
- Organizer: Doctoral College City, University of London, UK; London; 18th Oct.; Duration: 2h

COMPLEMENTARY EDUCATION AND TRAINING (SELECTION, CONTINUATION)

- 2022 **Psychological assessment: Elaboration of reports**
- Organizer: ForYourMind; Online event; 20th Apr. – 11th May; Duration: 8h
- 2021 **Certification to administer and score the Montreal Cognitive Assessment, MoCA**
- Organization: MoCA, Ziad Nasreddine, MD; Online event; Duration: 1h
- 2021 **Best practices for conducting cognitive studies online** (CloudResearch & Prolific)
- Workshops from Virtual SARMAC Conference; 21st – 23rd July

Workflows on planning and executing replications

- Speaker: Patrick Forscher, PhD; Organizer: ISCTE; Online; 10th-11th May; Duration: 9h

Ethics and integrity in doctoral education

- Speaker: Nele Bracke, PhD; Organizer: University of Aveiro; Online event; 22th Apr.

Neuropsychological Rehabilitation

- Speaker: Barbara Wilson; Organizer: CRIAP; Online event; 12th Apr.

How to write & structure your article for publication: Do a literature review

- Organizer: Charlesworth Author Services, UK; Online event; 24th Feb.

- 2019 - 2020 **English Proficiency Course (C1 Level)**
- Royal School of Languages, Aveiro, Portugal

Career Development ⁽¹⁾ / Innovation, Entrepreneurship and Leadership ⁽²⁾

⁽¹⁾ - Organizer: IMFAHE; 26th Sep. – 2nd Nov.; Duration: 30h; Online sessions

⁽²⁾ - Organizer: IMFAHE; 09th Jan. – 20th Feb.; Duration: 30h; Online sessions

- 2019 **Portuguese-Brazilian Ethics Seminar**
- Organizer: Faculty of Psychology and Education Sciences, University of Porto, Portugal;
Duration: 10h; 27th July

CITI Training – Human Research

Group 2. Social Behavioral Research Investigators and Key Personnel

- Purdue University, USA; Expiration date: 05/11/2023

- 2018 **Initial Pedagogical Training** (Certificate N^o: F672905/2018)
(Jul. - Sep.) - Institution: Office Alamedas, Lisbon, Portugal; Duration: 90h, Grade: Excellent

PRIOR AFFILIATIONS

- 2019 - 2025 **PhD Candidate – University of Aveiro⁹**
William James Center for Research (WJCR), Portugal
- 2020 - 2024 **Visiting Scholar – Memory Research Unit**
Dpt. of Psychology, City, University of London, UK (*City St. George's, University of London*)
- 2019 - 2021 **Lab Member – Adaptive Memory Lab¹⁰**
Dpt. of Psychological Sciences, Purdue University, USA
(Coordinator: James S. Nairne, PhD)
- 2017 - 2025 **(Under)Graduate Student – EvoCog Lab**
Dpt. of Education and Psychology, University of Aveiro, Portugal
(Coordinator: Josefa N. S. Pandeirada, PhD)

⁹ <https://williamjamescr.org/people/sara-b-felix/>;

¹⁰ <https://sites.google.com/view/adaptive-memory-lab/people/sara-b-f%C3%A9lix>

VOLUNTEERING & LEADERSHIP ACTIVITIES (SELECTION)

- 2020 - 2022 Psychology Course Commission – University of Aveiro
- PhD students' representative; Reports elaboration on the quality of the course
- 2020 - 2021 Founder team of the WritingLeague@UA (A peer counselling academic writing club)
- 2018 - 2019 Volunteer at *Totusalus* (Porto, Portugal)
- Dynamization of (in)formation sessions about diabetes for parents and informal carers:
Félix, S. B. (2019, January 30). *Taking care of diabetes in people with dementia*. Workshop for informal carers of people with dementia. Totusalus – Association of Therapeutic and Social Support, Porto, Portugal.
Félix, S. B. (2019, January 25). *Relaxing techniques for sweet children's parents*. Workshop for children with diabete's parents. Totusalus, Porto, Portugal.
Félix, S. B. (2018, November 30). *Diabetes is now part of our family*. Workshop for children with diabete's parents. Totusalus, Porto, Portugal.
- 2014 - 2015 AIESEC Aveiro Portugal – Organizing Committee President
- Team leader; Communication; Contact with international committees in English; Events organizer; Human resources (recruitment, interview and selection of new members); Foreign students' reception

OTHER SKILLS

Languages	Comprehension	Speaking	Writing
- Portuguese	Native language	Native language	Native language
- English	Very good	Very good	Very good
- Spanish	Very good	Good	Good

Social Skills Good communication skills

Team spirit

Entrepreneurship and Creativity

Dedication and Commitment

Informatic Skills Survey programs (e.g., Qualtrics, Gorilla, LimeSurvey, Google Forms, MS Forms)

Online data collection (e.g., Testable, Prolific, CloudResearch, Connect, ClickWorker)

IBM SPSS, JASP (Learning: Jamovi, R)

Sara B. Félix
March 11th, 2026